

June 24, 2020

Dear **Rockland Gymnastics** Families,

The health and well-being of our students and families continues to be our priority, and we're working hard to prepare the gym for our reopening on July 6th. We very much look forward to reconnecting with everyone then and are optimistic that we will all emerge from this ready to thrive once again.

I would like to share with you our plans for reopening. Due to the impacts of COVID-19 we recognize that there are many new plans for social distancing, student training and the organization to implement. We will be implementing our reopening in phases. We will start our rec classes July 13<sup>th</sup>. Our staff has worked hard to prepare the gym and our new operation guidelines.

As per the CDC recommendation Rockland Gymnastics will be limiting the number of people in the building at any one time. We have increased our cleaning protocol to provide your child with a safe place to learn.

I would like to share just a few of the many things we have done to reach our goals for reopening. The health and safety of our students has been and is always our number one concern.

- Classes will be scheduled to accommodate the student to facility ratio.
- Rockland Gymnastics will always uphold the student to square-footage ratio.
- Organize classes & lesson plans to maintain 6' of physical separation
- No hands-on spotting
- Children will maintain their own training spaces, no waiting in lines.
- Velcro floor markers will be provided for establishing distancing.
- Stagger practice start and end times
- New Check in/check out procedures for teams, touchless temperature monitoring.
- Exiting-Staff Members will line students up at the exit of the building, using the floor markers for space-distancing.
- Hand sanitizer will be distributed upon their departure and will exit the building one at a time. The exit will not be the same as the entrance.
- For the health and safety of our students and staff new waiting area viewing policy will be introduced in stages.
- Mandatory Hand Sanitizing Stations: Student and staff hand sanitizing stations throughout all areas of facility. We will be using WHO, CDC suggested and approved formula.
- Rockland Gymnastics staff assigned to athlete check in/check out, frequent sanitize with EPA registered cleaner for all entry surfaces prior to and after each class.
- Staff cleaning between rotations of all areas.
- All students will be required to bring in their own labeled water bottles.
- Designated staff will sanitize that area for the next group, prior to use.

- All students will bring their own bags (to be used as personal lockers).

I am listing the following links that may be helpful and informative for you.

<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/about-face-coverings.html>

<https://www.cdc.gov/handwashing/hand-sanitizer-use.html>

We appreciate the confidence and trust you place in us. We are ever vigilant and working strenuously to provide a safe and sanitary training facility for your children

All of us at Rockland Gymnastics look forward to welcoming you back to the gym.

Warm regards,

Rockland Gymnastics Academy